The South Vancouver Community Food Hub is recruiting volunteers to help pack and distribute nutritious and culturally appropriate grocery hampers. Since 2020, we have been providing weekly food access to members of the South Vancouver community. With your help, we can continue this work and help make our community stronger.

We believe that everyone, everywhere, has the right to a nutritious and culturally appropriate diet. That's why we work to divert food waste, which allows us to offer our participants more variety and choice during their weekly food access.

By volunteering with us, you'll be able to help strengthen your community while having fun and learning new things.

#### Where are we?

We are located at YMCA-Langara (282 W49th Ave, Vancouver, BC, V5Y 2Z5). Our entrance is accessible from the parking lot, be sure to look out for the large banner over a set of red double doors.

#### **CURRENT VOLUNTEER OPPORTUNITIES**

#### Grocery Hamper Packing - Non perishable / 2 available shifts

## Weekly, Monday 9:00am – 11:00am

### Weekly, Friday 11:30am – 1:30pm

In this role, you will be packing hampers for our community members, paying special attention to stated dietary restrictions and cultural food requests. Hampers are then labeled and put into storage for delivery to our partners.

#### Grocery Hamper Packing - Perishable / 2 available shifts

### Weekly, Wednesday 12:00pm – 2:00pm

#### Weekly, Friday 11:30am – 1:30pm

In this role, you will be packing hampers for our community members from a weekly selection of fresh fruit and vegetables. Hampers are then labeled and put into storage for delivery to our partners.

#### Rescued Food Sorting and Bulk Packaging / 1 available shift

#### Bi-Weekly, Thursday 12:00pm – 3:00pm

In this role you will sort edible food diverted from local grocery stores, yet headed to the landfill, and properly store it for redistribution to our community. We aim to not only reduce hunger and inequality but also bring down our CO2 footprint.

#### Operations assistant / 1 available shift/ 1 available shift

#### Weekly, Thursday 9:30am – 11:30am

As an operation assistant, you'll help us manage our food distribution and deliveries at our warehouse. You'll need to be able to pay attention to detail and be organized. If this sounds like your cup of tea, then we encourage you to apply today.

#### **Delivery Drivers/ 1 available shift**

#### Weekly, Thursday 10:00am – 11:30am / 1 available shift

As one of our drivers you will drive your own vehicle to deliver food hampers to community members with reduced mobility. We provide nutritious weekly grocery hampers to families and seniors across South Vancouver.

# Grocery Hamper Distribution & Community Engagement / 1 available shift

#### Weekly, Friday 9:30am – 12:00pm

In this role you will help distribute food to members of our community. This includes helping us set up the distribution spoke, talking with community members and supplying them with their weekly hamper.

#### What qualities are we looking for?

- → Passionate for the environment, food rescue and reducing food insecurity
- → Capable of working as a team with our volunteers and staff in a busy environment
- → Enjoyment of routine tasks with minimal supervision
- → Attention to detail
- → Speaking Cantonese, Mandarin, Tagalog, Spanish or Arabic an asset not required

#### What to expect:

- → Some lifting may be involved, but volunteers and staff share the load wherever possible
- → Dress comfortably and wear toes-closed shoes
- → All staff and volunteers are required to wear masks; you are welcome to bring your own or one will be provided for you

By volunteering with us, you'll be able to help strengthen your community while having fun and learning new things. Training and orientation will be provided, get involved today!

For more information please contact Pamela at pamela.ramirezvargas@southvan.org