



SVNH Beulah Gardens Adult Day Program



Happy
Valentine's Day

Special Highlights



If someone is sick at home with COVID-19



Sam is sick. Sam needs to stay home for 10 days until better. Sam tries to stay in a separate room.



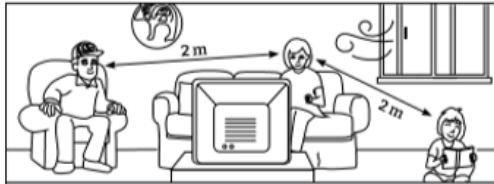
Sam wears a mask when going to the bathroom.



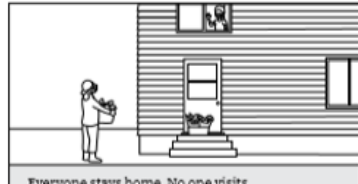
In the bathroom, Sam opens the window. After, Sam flushes with the lid closed. Sam cleans counters and handles.



Someone at home leaves food outside Sam's room and can go in if Sam needs help.



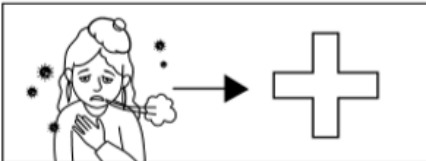
Everyone stays 2 metres apart at home. Sam stays in the bedroom.



Everyone stays home. No one visits. Someone drops off food outside.



Sam can spread COVID-19 for 10 days. Sam tries to stay in a separate room.



Sam should go to the hospital right away if breathing becomes hard.

若家中有人染上 COVID-19



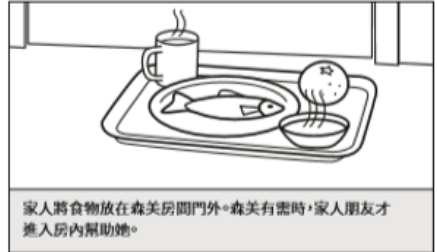
森美病了，需留在家中十天待病情轉好。她盡量獨自留在另一個房間。



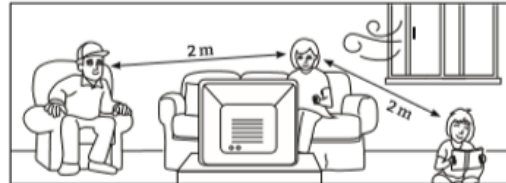
森美上洗手間時戴上口罩。



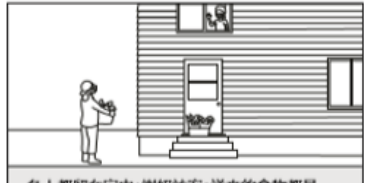
在洗手間時，森美打開窗子。之後，她蓋上廁所板後沖廁。森美將檯面和各手柄都清潔乾淨。



家人將食物放在森美房間門外。森美有需要時，家人朋友才進入房內幫助她。



家中各人都保持兩米距離。森美留在睡房內。



各人都留在家中，謝絕訪客。送來的食物都是放在屋外。



森美有十天的時間是可以傳播COVID-19病毒的。森美全程獨自留在另一個房間內。



出現以下情況時需尋求醫療協助：

- 呼吸困難
- 胸口痛
- 喝不下任何東西
- 感到病得很重
- 感到思緒混亂