

Welcome!

We warmly welcome you to our day program:

Program Highlights

- Dec. 7th December Birthday Party
- Dec. 14th Safety Talk: *Elder Abuse* (in English)
- Dec. 16th Safety Talk: *Elder Abuse* (in Chinese)
- Dec. 23rd Christmas Lunch
Visit with Santa!
Lorraine Smith, pianist
- Dec. 24th Festive Brunch
Visit with Santa!
- Dec. 27th The ADC is **Closed** today
- Dec. 28th The ADC is **Closed** today
- Dec. 29th The ADC is **Closed** today
- Dec. 30th The ADC is **Closed** today
- Dec. 31st The ADC is **Closed** today

The Adult Day Centre will resume service on Tuesday January 4th, 2022.

December Birthdays

We wish our following friends a very Happy Birthday!

Mr. Kan Kung

December 13th



歡迎

我們溫暖地歡迎您到我們的中心:

節目聚焦

- 十二月七: 十二月份生日會
- 十二月十四日: 安全談話: 虐待老人 (英語語言)
- 十二月十六日: 安全談話: 虐待老人 (漢語)
- 十二月二十三: 聖誕午餐
拜訪聖誕老人
Lorraine Smith, 鋼琴家
- 十二月二十四: 節日早午餐
拜訪聖誕老人
- 十二月二十七: 中心休息
- 十二月二十八: 中心休息
- 十二月二十九: 中心休息
- 十二月三十: 中心休息
- 十二月三十一: 中心休息

南溫哥華成天中心 將於週二, 一月七 恢復服務

十二月生日會員

生日快樂對我們的朋友

Mr. Kan Kung

十二月十三日



SVNH Adult Day Centre 南溫哥華成天中心 December 2021 Newsletter



2021年12月 月報



Happy Holidays!

345 - 3150 East 54th Avenue
Vancouver, BC V5S 1Z1
(604) 430- 6373

Did You Know That Financial Exploitation is the Most Commonly Reported Form of Abuse of Seniors?

Financial exploitation is one form of senior abuse. Other forms include neglect, physical, emotional or sexual abuse. Financial exploitation has two main forms – financial abuse and economic crime. Financial exploitation can happen to anyone. If it happens to you, remember – you are not alone, and you are not to blame. Economic crime includes consumer fraud, investment fraud, scams and identity theft. These crimes can be carried out through email or the Internet, by door-to-door salespeople or by telemarketers. Call Consumer Protection BC, the BC Securities Commission or your local police if you suspect you have been targeted.

Financial Abuse is a Violation of Trust An example is when someone you know and trust – a family member, friend or care provider – tries to take what belongs to you, such as your money, your property or other assets. Financial abuse is wrong. Sometimes it is also illegal.

Examples of Financial Abuse:

- Someone puts pressure on you to gain access to your money or property;
- Someone puts pressure on you to lend them money;
- Someone misuses a power of attorney to take your money; and
- Someone forces or tricks you into signing or changing a contract or will.

Financial abuse often goes hand in hand with emotional abuse. The person may manipulate you, bully you or threaten you to get your money or other valuables.

Remember...it's your money

What Should You Do? Prevent it!

- Conduct your own financial matters as much as possible.
- Plan ahead and make your wishes known.
- Say “No” when someone pressures you for money – even family members.
- Make sure you understand every document you sign. Report it!
- Talk to someone you trust.
- Call your local police. They may investigate to determine if the abuse is a crime and may recommend how to proceed.
- Call the Public Guardian and Trustee of B.C. if someone is misusing their powers under a power of attorney that you granted to them. Get legal information and advice!
- Talk with a lawyer and review the resources below when making plans, such as making a power of attorney.
- Good legal information and advice is an important investment.

Useful Resources It's Your Choice, Personal Planning Tools Public Guardian and Trustee of B.C. This publication provides information on enduring powers of attorney, representation agreements, advance directives, committees and other personal planning considerations.

www.trustee.bc.ca/documents/STA/It's_Your_Choice-Personal_Planning_Tools.pdf

To report financial abuse of a vulnerable adult or abuse by a substitute decision-maker, contact the phone numbers below and ask to be transferred to the Public Guardian and Trustee.

Ph: 604 660-4444 Toll-free: 1 800 663-7867 www.trustee.bc.ca

Making a Will and Estate Planning Canadian Bar Association, B.C. Branch T

his telephone script discusses wills and other aspects of estate planning, such as joint assets and trusts. Call Dial-A-Law to listen to script 176, or to read the text, visit their website below.

Ph: 1-800-565-5297

www.cbabc.org/For-the-Public/Dial-A-Law/Scripts/Wills-and-Estates/176

Source:

https://www2.gov.bc.ca/assets/gov/people/seniors/health-safety/eap-kits/elderabuse_financial_brochure_jan2016.pdf

你知道經濟剝削是最常被舉報的一種虐老行為嗎？

經濟剝削是虐老行為的其中一種。其他種類包括疏忽照顧、身體虐待、情緒虐待、或性虐待。經濟剝削有兩種主要形式 — 經濟虐待和經濟罪案。經濟剝削可能發生在任何人身上。如果發生在你身上，記住 — 與你同病相憐的大有人在，你不該受到怪責。經濟罪案包括消費者詐騙、投資詐騙、騙局和身分盜竊。這些罪案可能通過電郵或互聯網干犯，也可能是上門推銷員或電話推銷員干犯的。如果你懷疑自己成為了目標，致電卑詩消費者保障協會 (Consumer Protection BC)、卑詩證監會 (BC Securities Commission) 或你當地的警方。

經濟虐待是一種背信行為。 其中一個例子是當某個你認識和信任的人 — 家人、朋友、或照顧者 — 試圖取走屬於你的東西，例如你的金錢、你的財產、或者其他資產。經濟虐待是錯的，有時更是犯法的。

以下是經濟虐待的例子：

- 某人向你施壓，以取用你的金錢；
- 某人向你施壓，要你借錢給他/她；
- 某人不當地使用授權書，以取走你的金錢；及
- 某人強迫或哄騙你簽署或更改合約或遺囑。

經濟虐待常常與情緒虐待同時出現。那個人可能會擺布你、欺凌你、或恐嚇你，以取得你的金錢或其他貴重物品。

記住... 這是你的金錢

你該怎麼辦？

預防它！

- 盡量自行處理財務事宜。
- 未雨綢繆，及表明自己的意願。
- 某人向你強索金錢時 — 即使是家人 — 也要說：“不”。
- 確保自己明白所簽署的每份文件。

舉報它！

- 找你信任的人談談。
- 致電你當地的警方。他們可能進行調查，以確定那虐待事件是否罪行，並且可能建議接著該怎樣做。
- 如果有人濫用根據你給予的授權書所賦與的權力，要致電卑詩公共監護及受託人 (Public Guardian and Trustee of British Columbia)。 **取得法律資訊和意見！**
- 在制訂計劃時，例如訂立授權書，跟律師談談，及審視下面的資源。
- 中肯的法律資訊和意見是一項重要的投資。

有用資源

It's Your Choice, Personal Planning Tools (由你選擇，個人規劃工具) 卑詩公共監護及受託人

此刊物提供有關以下各方面的資訊：持久授權書、代表協議、預立醫療指示、受託監管人及其他個人規劃考慮因素。 www.trustee.bc.ca/documents/STA/It's_Your_Choice-Personal_Planning_Tools.pdf 想舉報有弱勢長者受到經濟虐待或受到代決 定人虐待，可撥打以下電話號碼，要求轉駁到公共監護及受託人。 **電話：604 660-4444 免費長途電話：1 800 663-7867 www.trustee.bc.ca 立遺囑和遺產規劃**

(Making a Will and Estate Planning) 加拿大大律師公會卑詩省分會 (Canadian Bar Association, BC Branch) 這段電話播音稿討論遺囑和遺產規劃的其他方面，例如共同資產和信託。致電撥電查法律 (Dial-A-Law)，收聽 176 號播音稿，或者如 想閱讀文字稿，可瀏覽以下網站： **電話：1 800 565-5297 www.cbabc.org/For-the-Public/Dial-A-Law/Scripts/Wills-and-Estates/176**

Source: https://www2.gov.bc.ca/assets/gov/people/seniors/health-safety/eap-kits/chinesetraditional_elderabuse_financial_brochure_jan21.pdf