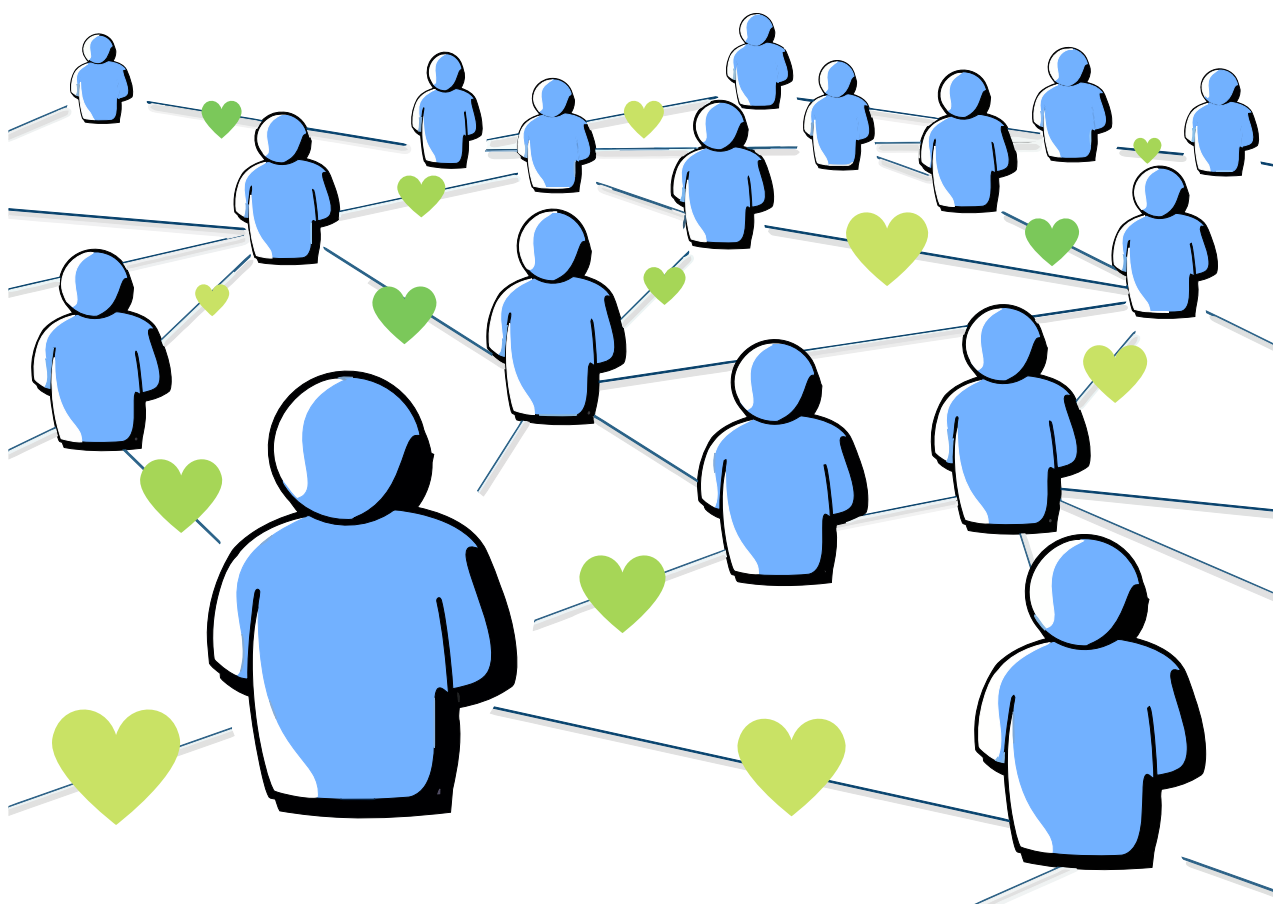


October
2020



Programs & Services During COVID-19



**6470 Victoria Drive
Vancouver, BC V5P 3X7
604-324-6212**



ADULTS



STANDS FOR
REMOTE / ONLINE
PROGRAMS



ESL CONVERSATION GROUP

WEDNESDAYS

1:00PM-3:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

MULTICULTURAL WOMEN PEER MENTORING GROUP

FRIDAYS

1:00PM-3:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

CANADIAN CITIZENSHIP PREPARATION

MONDAYS (OCTOBER 19TH AND 26TH)

12:00PM-2:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

NEWCOMER EMPLOYMENT MENTORSHIP PROGRAM

WEDNESDAYS

6:30PM

For Permanent Residents with International Training
looking to learn more about the professional industry in Canada

Email Stephen at stephen.andrada@southvan.org

[KOREAN] NOBODY'S PERFECT PARENTING GROUP

MONDAYS (NOVEMBER 9TH - DECEMBER 14TH)

12:00PM-2:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

BASIC COMPUTER CLASS IN PARTNERSHIP WITH YMCA

WEDNESDAYS / FRIDAYS

10:00AM-12:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117



CALL US AT
604-324-6212

For more information about
programs, services and
registration information.



OLDER ADULTS & SENIORS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

GROCERY SHOPPING/DELIVERY

ORDERS ACCEPTED WEDNESDAY THROUGH SATURDAY

SAFE SENIORS STRONG COMMUNITIES

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

PRESCRIPTION DELIVERY

ORDERS ACCEPTED WEDNESDAY THROUGH SATURDAY

SAFE SENIORS STRONG COMMUNITIES

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

T'AI CHI AT GORDON PARK

DAYS DEPEND ON WEATHER

8:30AM-9:00AM

Held at Gordon Park

Email Emem at emem.inyang@southvan.org or EXT 142

SOCIAL CALLS

CALLS PROVIDED WEEKLY

Calls are made by volunteers.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

FROZEN MEAL PROGRAM

DELIVERED ON WEDNESDAYS, THURSDAYS AND FRIDAYS

For seniors who are unable to cook and need assistance through prepared meals.

Email Randy at randy.nakata@southvan.org or EXT 113



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OLDER ADULTS & SENIORS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

BETTER AT HOME YARDWORK

Seniors must provide lawn mower and equipment.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

BETTER AT HOME TRANSPORTATION SHUTTLE

WEDNESDAYS / THURSDAYS / FRIDAYS

9:30AM-3:00PM

Masks mandatory.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

FAMILY AND FRIEND CAREGIVER SUPPORTS GROUP

EVERY 4TH TUESDAY OF THE MONTH

10:30AM-11:30AM

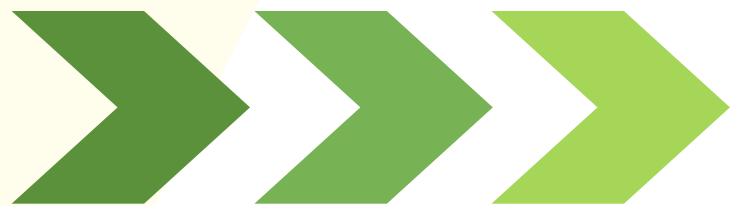
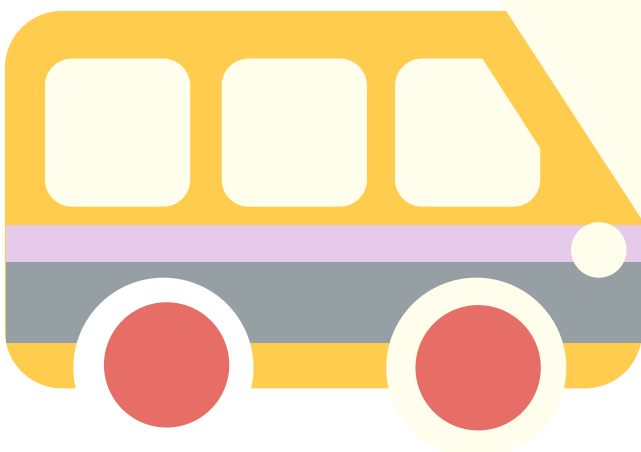
Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

SENIORS WELLNESS WORKSHOPS

EVERY 2ND AND 4TH TUESDAY OF THE MONTH

10:30AM-11:45AM

Email Laura at laura.gair@southvan.org or EXT 115



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EARLY YEARS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

ONE-ON-ONE FAMILY SUPPORT SERVICES

- EI/CERB applications
- Government forms
- Subsidy applications and more

Email Catherine at catherine.kwan@southvan.org

EARLY CHILDHOOD RESOURCES FACEBOOK PAGE

Early Childhood Educational Resources for families and caregivers with children aged 0-5 with shared resources, arts & crafts tutorials, virtual storytimes, and fun activities

fb.me/southvanfam

FAMILY DROP IN AT SUNSET COMMUNITY CENTRE

FRIDAYS

10:30AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112

FAMILY DROP IN AT SOUTH HILL NEIGHBOUHOOD CENTRE

SATURDAYS

10:30AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112

FAMILY DROP IN AT GORDON PARK / SVNH

SATURDAYS

10:00AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112



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PRETEENS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

UNITED WAY SCHOOL'S OUT [ONLINE] GR. 3-7

MONDAYS

4:00PM-5:15PM

Fun weekly activities, social and emotional development, hangout with youth volunteers and other preteens in the community, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S OUT GR. 3-7

TUESDAYS

3:30PM-4:45PM

Hang out with youth volunteers and other preteens after school, fun weekly activities, social and emotional development, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S OUT GR. 3-7

SUNDAYS

12:30PM-1:45PM

Fun weekly activities, hangout with youth volunteers & preteens in the community, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121



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PRETEENS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

HOMEWORK CLUB GR. 3-7

THURSDAYS

4:00PM-5:15PM

Tutoring from high school youth volunteers, fun, educational literacy and numeracy activities.

Email Felix at felix.huang@southvan.org or EXT 150

UNITED WAY SCHOOL'S OUT ADVENTURES GR. 5-7

THURSDAYS

3:30PM-4:45PM

Explore our community through nature walks and bus field trips.

(No program when cold, rainy, or dark.) Program located at Moberly.

Email Kathy at kathy.do@southvan.org or EXT 121

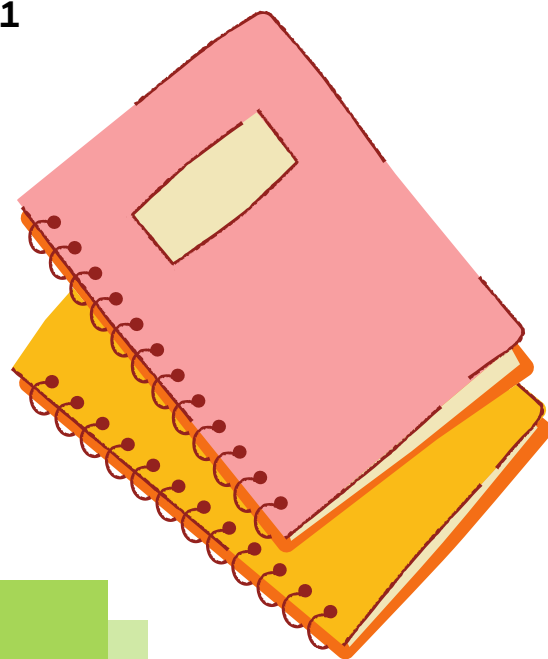
UNITED WAY SCHOOL'S PRETEEN HANGOUT GR. 6-7

SUNDAYS

12:00PM-1:30PM

Fun weekly activities with a focus on leadership, active living, and giving back to the community

Email Kathy at kathy.do@southvan.org or EXT 121



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YOUTH



STANDS FOR
REMOTE / ONLINE
PROGRAMS

NYI (NEIGHBOURHOOD YOUTH INITIATIVE)

MONDAYS

4:00PM-5:30PM

Youth volunteering opportunity to develop leadership skills coordinating a variety of for-youth-by-youth community activities and events

Email Gabby at gabby.guevarra@southvan.org

LEOs (LEADERSHIP, EXPERIENCE, AND OPPORTUNITIES)

FRIDAYS

3:45PM-5:20PM OR 4:00PM-5:20PM

Email Gabby at gabby.guevarra@southvan.org

OWL (OPENING WORLDS TO LITERACY)

EVERY 2ND AND 4TH FRIDAY OF THE MONTH

4:00PM-5:30PM

Youth literacy and fundraising group with a focus on raising awareness on literacy in South Vancouver

Email Kathy at kathy.do@southvan.org



FUTURE LEADERS

AFTERSCHOOL

VARIOUS TIMES

Youth leadership and job experience opportunities (with honorarium)

Email Kathy at kathy.do@southvan.org



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NEWCOMER YOUTH



STANDS FOR
REMOTE / ONLINE
PROGRAMS

NEWCOMER YOUTH WELCOME CIRCLES

AFTER SCHOOL AND AT LUNCH

VARIOUS TIMES

Virtual on Microsoft teams. PR youth grades 8-12.

Email Sherry at sherry.lin@southvan.org or EXT 123

LEARNING CLUB AT SOUTH HILL NEIGHBOURHOOD CENTRE

TUESDAYS / WEDNESDAYS / THURSDAYS

12:00PM-2:00PM

Masks required. For PR youth grades 2-12.

Email Sherry at sherry.lin@southvan.org or EXT 123

NEWCOMER LEADERSHIP

SATURDAYS

11:00AM-12:30PM

PR youth grades 2-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123

RESILIENT MINDS MENTAL WELLNESS PROGRAM

SATURDAYS

1:30PM-3:00PM

PR youth grades 2-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123

NEWCOMER LEADERSHIP

SATURDAYS

11:00AM-12:30PM

PR youth grades 2-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123

FOOD SKILLS FOR NEWCOMER YOUTH

SATURDAYS

3:30PM-5:30PM

PR youth grades 2-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123