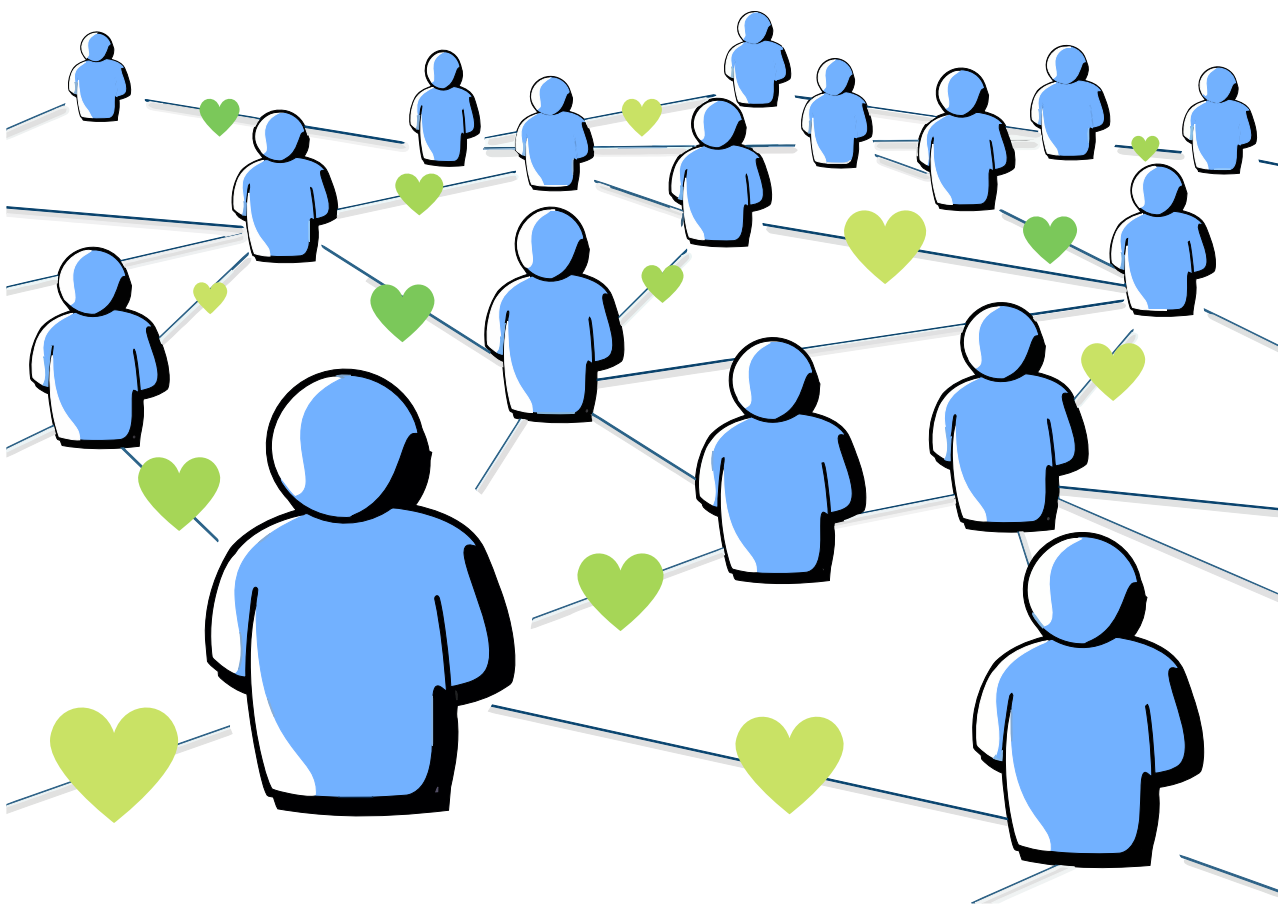


November
2020



Programs & Services During COVID-19



**6470 Victoria Drive
Vancouver, BC V5P 3X7
604-324-6212**



MEMBER

ASSOCIATION OF
NEIGHBOURHOOD HOUSES BC

ADULTS



STANDS FOR
REMOTE / ONLINE
PROGRAMS



ESL CONVERSATION GROUP

WEDNESDAYS

1:00PM-3:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

MULTICULTURAL WOMEN PEER MENTORING GROUP

FRIDAYS

1:00PM-3:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

CANADIAN CITIZENSHIP PREPARATION

MONDAYS (OCTOBER 19TH AND 26TH)

12:00PM-2:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

NEWCOMER EMPLOYMENT MENTORSHIP PROGRAM

WEDNESDAYS

6:30PM

For Permanent Residents with International Training
looking to learn more about the professional industry in Canada

Email Stephen at stephen.andrada@southvan.org

[KOREAN] NOBODY'S PERFECT PARENTING GROUP

MONDAYS (NOVEMBER 9TH - DECEMBER 14TH)

12:00PM-2:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117

BASIC COMPUTER CLASS IN PARTNERSHIP WITH YMCA

WEDNESDAYS / FRIDAYS

10:00AM-12:00PM

Email Kwangyoung at kwangyoung.conn@southvan.org or EXT 117



CALL US AT
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For more information about
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registration information.



ADULTS



STANDS FOR
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CONVERSATION FOR MEN VIA ZOOM

WEDNESDAYS

6:30PM-8:00PM

The purpose of a men's support group is to help guys experience more personal growth, mental health, success and happiness. Support groups for men will typically be 6 guys and meets weekly. Email Eric at eric.lau@southvan.org or EXT 133



JOB SEARCH SESSION FOR NEWCOMERS

TUESDAYS / THURSDAYS / FRIDAYS

1:00PM-3:00PM

Virtual and in-person @ South Vancouver Neighbourhood House

Mask is required for 1-on-1 in person.

Small group sessions are available on Zoom

Email Eric at eric.lau@southvan.org or EXT 133



LABOUR MARKET VOLUNTEER PLACEMENT PROGRAM

TUESDAYS / THURSDAYS / FRIDAYS

1:00PM-3:00PM

Virtual and in-person @ South Vancouver Neighbourhood House
Volunteer referral program to help newcomers gaining volunteer experience in the community.

Email Eric at eric.lau@southvan.org or EXT 133



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OLDER ADULTS & SENIORS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

SENIORS WELLNESS WORKSHOPS

EVERY 2ND AND 4TH TUESDAY OF THE MONTH

10:30AM-11:45AM

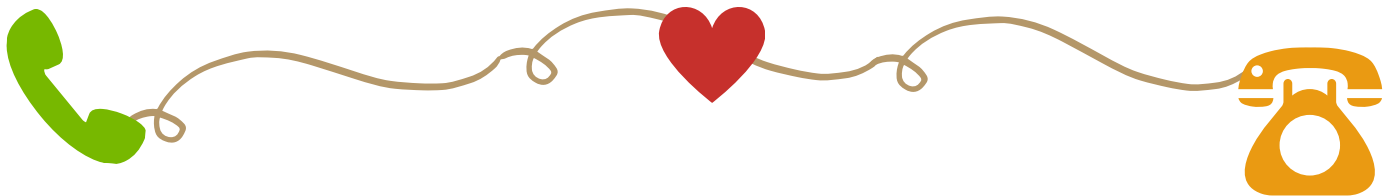
Email Laura at laura.gair@southvan.org or EXT 115

SOCIAL CALLS

CALLS PROVIDED WEEKLY

Calls are made by volunteers.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141



PRESCRIPTION DELIVERY

ORDERS ACCEPTED WEDNESDAY THROUGH SATURDAY

SAFE SENIORS STRONG COMMUNITIES

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

GROCERY SHOPPING/DELIVERY

ORDERS ACCEPTED WEDNESDAY THROUGH SATURDAY

SAFE SENIORS STRONG COMMUNITIES

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

FROZEN MEAL PROGRAM

DELIVERED ON WEDNESDAYS, THURSDAYS AND FRIDAYS

For seniors who are unable to cook and need assistance through prepared meals.

Email Randy at randy.nakata@southvan.org or EXT 113



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OLDER ADULTS & SENIORS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

BETTER AT HOME YARDWORK

Seniors must provide lawn mower and equipment.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141

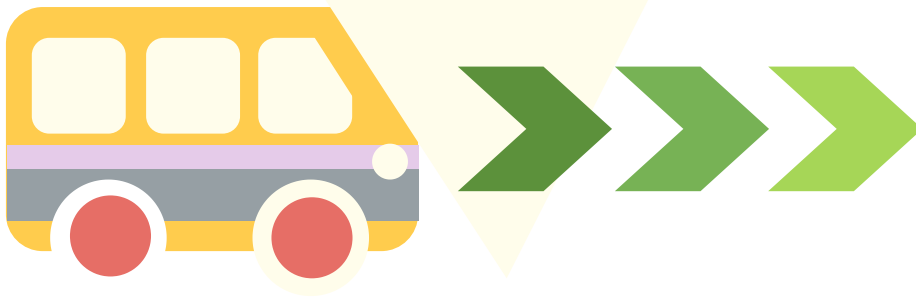
BETTER AT HOME TRANSPORTATION SHUTTLE

WEDNESDAYS / THURSDAYS / FRIDAYS

9:30AM-3:00PM

Masks mandatory.

Email Jeannie at jeannie.furmenak@southvan.org or EXT 141



FAMILY AND FRIEND CAREGIVER SUPPORTS GROUP

EVERY 4TH TUESDAY OF THE MONTH

10:30AM-11:30AM

Email Ping at ping.chen@southvan.org or EXT 141

SENIORS SHINDIG AT SOUTH HILL NEIGHBOURHOOD CENTRE TUESDAYS

9:30AM-11:30AM

Email Laura at laura.gair@southvan.org or EXT 115

T'AI CHI AT GORDON PARK

DAYS DEPEND ON WEATHER

8:30AM-9:00AM

Held at Gordon Park

Email Emem at emem.inyang@southvan.org or EXT 142



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EARLY YEARS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

ONE-ON-ONE FAMILY SUPPORT SERVICES

- EI/CERB applications
- Government forms
- Subsidy applications and more

Email Catherine at catherine.kwan@southvan.org



EARLY CHILDHOOD RESOURCES FACEBOOK PAGE

Early Childhood Educational Resources for families and caregivers with children aged 0-5 with shared resources, arts & crafts tutorials, virtual storytimes, and fun activities
fb.me/southvanfam

FAMILY DROP IN AT MOBERLY ARTS & CULTURAL CENTRE FRIDAYS

10:30AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112

Registration link: <https://forms.gle/rNRwemmgNc1A91LE7>

FAMILY DROP IN AT SOUTH HILL NEIGHBOURHOOD CENTRE SATURDAYS

10:30AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112

Registration link: <https://forms.gle/rNRwemmgNc1A91LE7>

FAMILY DROP IN AT GORDON PARK / SVNH SATURDAYS

10:00AM-11:30AM

Email Catherine at catherine.kwan@southvan.org or EXT 112

Registration link: <https://forms.gle/yu2zUbR1GmDNoM9D8>



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CHILDCARE



STANDS FOR
REMOTE / ONLINE
PROGRAMS

SVNH OSC GR. K-7

MONDAY - FRIDAY

7:30AM-9:00AM & 3:00PM-5:30PM

Licensed before and after school care for students attending
Techumseh, Fleming & Cunningham

Email Caterina at caterina.rubulotta@southvan.org to register

SVNH OSC GR. K-7

MONDAY - FRIDAY

7:30AM-9:00AM & 3:00PM-5:30PM

Licensed before and after school care for students attending
Techumseh, Fleming & Cunningham

Email Caterina at caterina.rubulotta@southvan.org to register

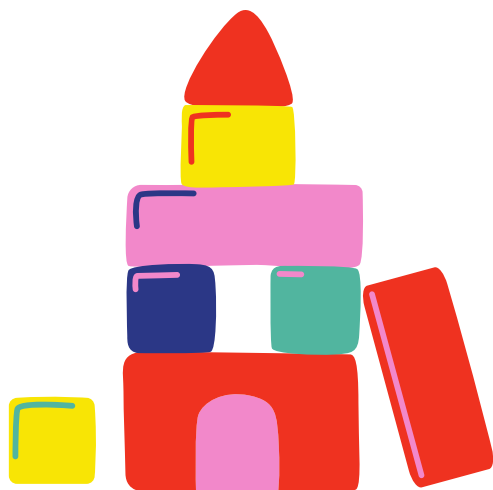
POPPINS PRESCHOOL (AGES 3-5)

MONDAY - FRIDAY (2,3 & 5 day options)

9:15AM-11:15AM

Engaging, safe and healthy licensed preschool program.

Email Caterina at caterina.rubulotta@southvan.org to register



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PRETEENS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

UNITED WAY SCHOOL'S OUT [ONLINE] GR. 3-7

MONDAYS

4:00PM-5:15PM

Fun weekly activities, social and emotional development, hangout with youth volunteers and other preteens in the community, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S OUT GR. 3-5 AT MOBERLY ARTS AND CULTURAL CENTRE

TUESDAYS

3:30PM-4:45PM

Masks required. Hang out with youth volunteers and other preteens after school, fun weekly activities, social and emotional development, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S OUT GR. 3-5

TUESDAYS

3:30PM-4:45PM

Masks required. Hang out with youth volunteers and other preteens after school, fun weekly activities, social and emotional development, participate in group games and relaxing activities

Email Felix at felix.huang@southvan.org or EXT 150

HOMEWORK CLUB GR. 3-7

THURSDAYS

4:00PM-5:15PM

Tutoring from high school youth volunteers, fun, educational literacy and numeracy activities.

Email Felix at felix.huang@southvan.org or EXT 150



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PRETEENS



STANDS FOR
REMOTE / ONLINE
PROGRAMS

UNITED WAY SCHOOL'S PRETEEN HANGOUT GR. 6-7 AT MOBERLY ARTS AND CULTURAL CENTRE

THURSDAYS

3:30PM-4:45PM

Masks required. Fun weekly activities with a focus on leadership, active living, and giving back to the community

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S PRETEEN HANGOUT GR. 6-7

SUNDAYS

12:00PM-1:30PM

Masks required. Fun weekly activities with a focus on leadership, active living, and giving back to the community

Email Kathy at kathy.do@southvan.org or EXT 121

UNITED WAY SCHOOL'S OUT GR. 3-7

SUNDAYS

2:00PM-3:15PM

Masks required. Fun weekly activities, social and emotional development, hangout with youth volunteers and other preteens in the community, participate in group games and relaxing activities

Email Kathy at kathy.do@southvan.org or EXT 121

GLOBAL CITIZENS

MONDAYS

3:30PM-4:45PM

In person at St. Thomas Church (2444 East 41st avenue, Vancouver)

Masks required for in-person component. Environmental sustainability leadership for preteens ages 9-12.

Email Richard at richard.nicolas@southvan.org



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YOUTH (AGES 12-18)



STANDS FOR
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PROGRAMS



NYI (NEIGHBOURHOOD YOUTH INITIATIVE)

MONDAYS

3:30PM-5:30PM

Masks required for in-person component. Youth leadership program to coordinate events and passion projects that align with the needs and trends of South Vancouver.

Email Gabby at gabby.guevarra@southvan.org



BIOCYCLE

MONDAYS

3:30PM-5:00PM

Microsoft Teams and in-person at SVNH (alternating weeks)

Masks required for in-person component. Environmental sustainability leadership for youth ages 13-18

Email Richard at richard.nicolas@southvan.org



OWL (OPENING WORLDS TO LITERACY)

EVERY 2ND AND 4TH FRIDAY OF THE MONTH

3:30PM-5:30PM

Masks required for in-person component. Youth literacy and fundraising group with a focus on raising awareness on literacy in South Vancouver

Email Kathy at kathy.do@southvan.org

FUTURE LEADERS

AFTERSCHOOL

VARIOUS TIMES

Masks required for in-person component. Youth leadership and job experience opportunities (with honararium)

Email Kathy at kathy.do@southvan.org



LEOs (LEADERSHIP, EXPERIENCE, AND OPPORTUNITIES)

FRIDAYS

Masks required for in-person component. Community youth service club in partnership with South Vancouver Lions. Youth can be connected to future International Lions opportunities upon graudation.

3:45PM-5:20PM OR 4:00PM-5:20PM

Email Gabby at gabby.guevarra@southvan.org

NEWCOMER YOUTH



STANDS FOR
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PROGRAMS



NEWCOMER YOUTH WELCOME CIRCLES

AFTER SCHOOL AND AT LUNCH

VARIOUS TIMES

Virtual on Microsoft teams. PR youth grades 8-12.

Email Sherry at sherry.lin@southvan.org or EXT 123

LEARNING CLUB AT SOUTH HILL NEIGHBOURHOOD CENTRE

TUESDAYS / WEDNESDAYS / THURSDAYS

12:00PM-2:00PM

Masks required. For PR youth grades 8-12.

Email Sherry at sherry.lin@southvan.org or EXT 123

NEWCOMER LEADERSHIP

SATURDAYS

11:00AM-12:30PM

PR youth grades 8-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123

RESILIENT MINDS MENTAL WELLNESS PROGRAM

SATURDAYS

1:30PM-3:00PM

PR youth grades 8-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123

FOOD SKILLS FOR NEWCOMER YOUTH

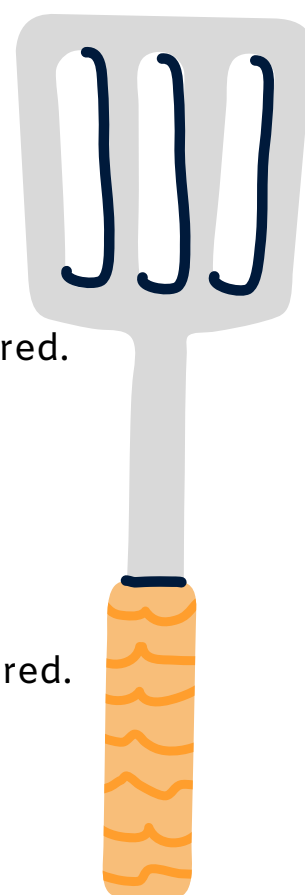
SATURDAYS

3:30PM-5:30PM

PR youth grades 8-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123



NEWCOMER YOUTH WELCOME CIRCLES

JOHN OLIVER

TUESDAYS

11:30AM-12:00PM

KILLARNEY

WEDNESDAYS

4:00PM-4:45PM

DAVID THOMPSON

THURSDAYS

4:00PM-4:45PM

PR youth grades 8-12.

South Vancouver Neighbourhood House in person. Masks required.

Email Sherry at sherry.lin@southvan.org or EXT 123