

ON-SITE PROGRAMS

SEP 2018 - JUN 2019

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Out of School Care
7:30am to 9:00am
3:00pm to 6:00pm

LINC 3
9:00am to 12:00pm

Poppins Preschool
9:15am to 11:30am
12:15pm to 2:30pm

**Cantonese Seniors
Wellness Group**
9:30am to 11:30am

Seniors Blood Pressure Clinic
First and Third Monday
10:30am to 12:30pm

**South Asian Senior Women's
Wellness Group**
12:00pm to 2:45pm

LINC 4
1:00pm to 4:00pm

**Neighbourhood Youth
Initiative**
4:00pm to 6:00pm

Out of School Care
7:30am to 9:00am
3:00pm to 6:00pm

LINC 3
9:00am to 12:00pm

**South Vancouver Community
Food Hub**
10:00am to 12:00pm

Poppins Preschool
9:15am to 11:30am

Seniors Exercise - Tai Chi
12:30pm to 1:00pm

**Beginners ESL for
Chinese Seniors**
1:00pm to 2:30pm

Intercultural Craft Circle
1:00pm to 2:30pm

LINC 4
1:00pm to 4:00pm

Seniors Sing-along
2:45pm to 4:00pm

BioCYCLE
4:00pm to 6:00pm

Out of School Care
7:30am to 9:00am
3:00pm to 6:00pm

LINC 3
9:00am to 12:00pm

Poppins Preschool
9:15am to 11:30am
12:15pm to 2:30pm

ESL for Chinese Older Adults
9:30am to 11:00am

Basic Computer Class
9:30am to 11:30am

Seniors Indoor Exercise
11:00am to 12:00pm

Counselling
10:00am to 3:00pm

ESL Conversation Group
1:00pm to 3:00pm

LINC 4
1:00pm to 4:00pm

Seniors Shindig
2:00pm to 4:00pm

Homework Club
3:30pm to 5:00pm (Oct-Nov)

Basic Computer Class
4:00pm to 6:00pm

Youth Cooking Group
First and Third Wednesday
4:00pm to 6:00pm

Out of School Care
7:30am to 9:00am
3:00pm to 6:00pm

LINC 3
9:00am to 12:00pm

Poppins Preschool
9:15am to 11:30am

Intercultural Wellness Group
10:00am to 12:00pm

Seniors Blood Pressure Clinic
First and Third Thursday
10:30am to 12:00pm

Community Lunch
12:00pm to 1:00pm

LINC 4
1:00pm to 4:00pm

Counselling
3:00pm to 8:00pm

**Intermediate ESL for
Chinese Seniors**
1:30pm to 3:00pm

LEOs
3:30pm to 5:30pm

Homework Club
3:30pm to 5:00pm (Oct-Nov)

Aboriginal Family Gathering
6:00pm to 8:00pm
October Start

Out of School Care
7:30am to 9:00am
3:00pm to 6:00pm

Tai Chi
9:00am to 10:30am

Poppins Preschool
9:15am to 11:30am
12:15pm to 2:30pm

Basic Computer Class
9:30am to 11:30am

Bingo and Bag Lunch
12:00pm to 2:30pm

**Multicultural Women's
Peer Mentoring Group**
1:00pm to 3:00pm

**Opening Worlds
to Literacy**
First, third Friday of month
4:00pm to 6:00pm

Basic Computer Class
5:00pm to 7:00pm

Friday Nights
6:00pm to 8:00pm

**Chinese Parent
Support Circle**
Second and Fourth Friday
6:30pm to 8:30pm

Family Drop-in
10:00am to 12:30pm

**Single Moms
Support Group**
10:30am to 12:30pm

HIGHLIGHTS THIS MONTH

Winter Festival
Saturday, December 1
10:00am to 1:00pm

- Children
- Pre-teen and Youth
- Older Adults and Seniors
- Family
- Community

Questions? We're happy to help.
Visit us in person or
contact us at
604-324-6212 or
svnh@southvan.org

w.southvan.org
[f/southvanNH](https://www.facebook.com/southvanNH)
[@southvanNH](https://twitter.com/southvanNH)


