

ON-SITE PROGRAMS

JUL - AUG 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>OSC Summer Camp 7:30am to 6:00pm</p> <p>LINC 3 9:00am to 12:00pm (No classes in August)</p> <p>Cantonese Seniors Wellness Group 9:30am to 11:30am</p> <p>Counselling 10:00am to 3:00pm</p> <p>Seniors Blood Pressure Clinic First and Third Monday 10:30am to 12:30pm</p> <p>Garden Club 11:00am to 12:00pm</p> <p>South Asian Senior Women's Wellness Group 12:00pm to 2:30pm</p> <p>LINC 4 1:00pm to 4:00pm (No classes in August)</p> <p>Neighbourhood Youth Initiative 4:00pm to 6:00pm</p>	<p>OSC Summer Camp 7:30am to 6:00pm</p> <p>LINC 3 9:00am to 12:00pm (No classes in August)</p> <p>Move, Groove & Improve 12:30pm to 1:00pm</p> <p>Beginners ESL for Seniors 1:00pm to 2:30pm</p> <p>Intercultural Craft Circle 1:00pm to 2:30pm</p> <p>Seniors Information & Referral 1:00pm to 3:00pm</p> <p>LINC 4 1:00pm to 4:00pm (No classes in August)</p> <p>Seniors Sing-along 2:45pm to 4:00pm</p> <p>Pre-teen Group 3:00pm to 6:00pm</p> <p>BioCYCLE 4:00pm to 6:00pm</p> <p>Counselling 11:00am to 7:00pm</p>	<p>OSC Summer Camp 7:30am to 6:00pm</p> <p>LINC 3 9:00am to 12:00pm (No classes in August)</p> <p>English Class for Mandarin Seniors 9:30am to 11:00am</p> <p>Basic Computer Class 9:30am to 11:30am</p> <p>Seniors Indoor Exercise 11:00am to 12:00pm</p> <p>Garden Club 11:00am to 12:00pm</p> <p>Drop-in ESL Conversation Group 1:00pm to 3:00pm</p> <p>LINC 4 1:00pm to 4:00pm (No classes in August)</p> <p>Seniors Shindig 2:00pm to 4:00pm</p> <p>Basic Computer Class 4:00pm to 6:00pm</p> <p>Youth Cooking Group 4:00pm to 6:00pm</p> <p>Counselling 12:00pm to 6:00pm</p>	<p>OSC Summer Camp 7:30am to 6:00pm</p> <p>LINC 3 9:00am to 12:00pm (No classes in August)</p> <p>Intercultural Wellness Group 10:00am to 12:00pm</p> <p>Seniors Blood Pressure Clinic First and Third Thursday 10:30am to 12:00pm</p> <p>Community Lunch 12:00pm to 1:00pm</p> <p>Seniors Information & Referral 1:00pm to 3:00pm</p> <p>LINC 4 1:00pm to 4:00pm (No classes in August)</p> <p>Counselling 3:00pm to 8:00pm</p> <p>Intermediate ESL for Seniors 1:30pm to 3:00pm</p>	<p>OSC Summer Camp 7:30am to 6:00pm</p> <p>Tai Chi 9:00am to 10:30am</p> <p>Basic Computer Class 9:30am to 11:30am</p> <p>Bingo and Bag Lunch 12:00pm to 2:30pm</p> <p>Multicultural Women's Peer Mentoring Group 1:00pm to 3:00pm</p> <p>Pre-teen Group 3:00pm to 6:00pm</p> <p>Newcomer Youth Cooking Group 3:30pm to 6:00pm</p> <p>Opening Worlds to Literacy First, third Friday of month 4:00pm to 6:00pm</p> <p>Basic Computer Class 5:00pm to 7:00pm</p> <p>Friday Nights 6:00pm to 8:00pm</p>	<p>Family Drop-in 9:30am to 12:30pm</p> <p>Labour Market Training 9:30am to 12:30pm</p> <p>Single Moms Support Group 10:30am to 12:30pm</p>

HIGHLIGHTS THIS MONTH

Community Dinner
Thursday, August 16 at 5:00pm to 6:30pm

Eid Celebration
Sunday, August 26 at 3:00pm to 7:00pm

- Children
- Pre-teen and Youth
- Older Adults and Seniors
- Family
- Community

Questions? We're happy to help.
Visit us in person or
contact us at
604-324-6212 or
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