

# ON-SITE PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Out of School Care</b> 7:15am to 9:00am 3:00pm to 6:00pm</p> <p><b>LINC 3</b> 9:00am to 12:00pm</p> <p><b>Poppins Preschool</b> 9:30am to 11:30am 12:15pm to 2:45pm</p> <p><b>Cantonese Seniors Wellness Group</b> 9:30am to 11:30am</p> <p><b>South Asian Senior Women's Wellness Group</b> 12:00pm to 2:45pm</p> <p><b>LINC 4</b> 1:00pm to 4:00pm</p> <p><b>Neighbourhood Youth Initiative</b> 4:00pm to 6:00pm</p>	<p><b>Out of School Care</b> 7:15am to 9:00am 3:00pm to 6:00pm</p> <p><b>LINC 3</b> 9:00am to 12:00pm</p> <p><b>Poppins Preschool</b> 9:30am to 11:45am 12:30pm to 2:45pm</p> <p><b>Beginners ESL for Seniors</b> 1:00pm to 2:30pm</p> <p><b>Intercultural Craft Circle</b> 1:00pm to 2:30pm</p> <p><b>LINC 4</b> 1:00pm to 4:00pm 6:30pm to 9:30pm</p> <p><b>Seniors Sing-along</b> Starting September 13 2:45pm to 4:00pm</p> <p><b>BioCYCLE</b> 4:00pm to 6:00pm</p> <p><b>Filipino Parent Support Circles</b> 6:30pm to 8:30pm</p>	<p><b>Out of School Care</b> 7:15am to 9:00am 3:00pm to 6:00pm</p> <p><b>LINC 3</b> 9:00am to 12:00pm</p> <p><b>Poppins Preschool</b> 9:30am to 11:30am 12:15pm to 2:45pm</p> <p><b>Chinese Group for Older Adults</b> 9:30am to 11:30am</p> <p><b>Basic Computer Class</b> 9:30am to 11:30am</p> <p><b>Seniors Indoor Exercise</b> 11:30am to 12:30pm</p> <p><b>Drop-in ESL Conversation Group</b> 1:00pm to 3:00pm</p> <p><b>LINC 4</b> 1:00pm to 4:00pm 6:30pm to 9:30pm</p> <p><b>Seniors Shindig</b> 2:00pm to 4:00pm</p> <p><b>Homework Club / Dream Green</b> 3:30pm to 5:00pm</p> <p><b>Basic Computer Class</b> 4:00pm to 6:00pm</p> <p><b>Counselling</b> 5:00pm to 9:00pm</p>	<p><b>Out of School Care</b> 7:15am to 9:00am 3:00pm to 6:00pm</p> <p><b>LINC 3</b> 9:00am to 12:00pm</p> <p><b>Poppins Preschool</b> 9:30am to 11:45am 12:30pm to 2:45pm</p> <p><b>Intercultural Wellness Group</b> 10:00am to 12:00pm</p> <p><b>Seniors Blood Pressure Clinic</b> September 19 only 10:30am to 12:30pm</p> <p><b>Community Lunch</b> 12:00pm to 1:00pm</p> <p><b>LINC 4</b> 1:00pm to 4:00pm 6:30pm to 9:30pm</p> <p><b>Intermediate ESL for Seniors</b> 1:30pm to 3:00pm</p> <p><b>LEOs</b> October 13 and 27 4:00pm to 6:00pm</p> <p><b>Counselling</b> 5:00pm to 9:00pm</p> <p><b>Aboriginal Family Gathering</b> 6:00pm to 8:00pm</p>	<p><b>Out of School Care</b> 7:15am to 9:00am 3:00pm to 6:00pm</p> <p><b>Tai Chi</b> 9:00am to 10:00am</p> <p><b>Poppins Preschool</b> 9:30am to 11:30am 12:15pm to 2:45pm</p> <p><b>Basic Computer Class</b> 9:30am to 11:30am</p> <p><b>English Conversation Class</b> 10:30am to 12:30pm</p> <p><b>Bingo</b> 12:00pm to 2:30pm</p> <p><b>Multicultural Women's Peer Mentoring Group</b> 1:00pm to 3:00pm</p> <p><b>Basic Computer Class</b> 5:00pm to 7:00pm</p> <p><b>Counselling</b> 5:00pm to 9:00pm</p> <p><b>Friday Nights</b> 6:00pm to 8:00pm</p> <p><b>Chinese Parent Support Circles</b> 6:30pm to 8:30pm</p>	<p><b>Family Drop-in</b> 9:00am to 1:00pm</p> <p><b>Counselling</b> 9:30am to 5:00pm</p> <p><b>Single Moms Support Group</b> 10:30am to 12:30pm</p> <p><b>Small Business Workshop</b> First Saturday only 12:30pm to 2:30pm</p> <p><b>Dialogue Circle</b> Third Saturday only 12:30pm to 2:30pm</p>

- Child
- Youth
- Seniors
- Family and Adult
- General

## HIGHLIGHTS THIS MONTH

**Questions? We're happy to help.**  
Visit us in person or  
contact us at  
604-324-6212 or  
svnh@southvan.org

www.southvan.org  
f/southvanNH  
@southvanNH



# OFF-SITE PROGRAMS

## MONDAY

**Little Tree Preschool**  
9:30am to 12:00pm  
12:45pm to 3:15pm

**Beyond the  
Conversation - Level 1**  
Faith Fellow  
Baptist Church  
10:00am to 11:30am

**Welcome Club**  
Killarney  
11:30am to 12:15pm

**Global Citizens**  
Waverley Elementary  
12:00pm to 1:00pm

**BC Housing Kids Club**  
Culloden Court  
3:00pm to 5:00pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

**Newcomer Leadership**  
Killarney  
3:00pm to 5:00pm

- Child
- Youth
- Seniors
- Family and Adult
- General

## TUESDAY

**Little Tree Preschool**  
9:30am to 12:00pm  
12:45pm to 3:15pm

**Beyond the  
Conversation - Level 2**  
St. Thomas Anglican Church  
10:00am to 11:30am

**Welcome Club**  
John Oliver  
11:30am to 12:15pm

**Global Citizens**  
Cook Elementary  
12:00pm to 1:00pm

**BC Housing Kids Club**  
Champlain Heights  
3:00pm to 5:00pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

**Teen to Tween**  
TBA  
3:15pm to 5:00pm

## WEDNESDAY

**Little Tree Preschool**  
9:30am to 12:00pm  
12:45pm to 3:15pm

**Beyond the  
Conversation - Level 2**  
Sunset Community Centre  
10:00am to 11:30am

**Move, Groove, and Improve**  
Boys and Girls Club  
10:00am to 11:30am

**South Asian  
Healthy Living Club**  
Moberly Arts and Cultural Centre  
1:00pm to 2:30pm

**Newcomer Leadership**  
David Thompson  
3:00pm to 5:00pm

**BC Housing Kids Club**  
Orchard Park  
3:00pm to 5:00pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

## THURSDAY

**Little Tree Preschool**  
9:30am to 12:00pm  
12:45pm to 3:15pm

**Move, Groove, and Improve**  
Boys and Girls Club  
Champlain Heights Library  
10:00am to 11:30am

**Green Team**  
David Thompson  
11:30am to 12:15pm

**Guys Group**  
Killarney  
11:30am to 12:15pm

**Welcome Club**  
David Thompson  
11:30am to 12:15pm

**Homework Club**  
Cooke Elementary  
3:00pm to 4:30pm

**BC Housing Kids Club**  
Culloden Court  
3:00pm to 5:00pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

**Girls Group**  
Killarney  
3:15pm to 5:00pm

**Guys Group**  
Killarney  
3:15pm to 5:00pm

**Teen to Tween**  
Fleming Elementary  
3:15pm to 5:00pm

## FRIDAY

**Little Tree Preschool**  
9:30am to 12:00pm  
12:45pm to 3:15pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

**Beyond the Conversation  
Level 1/2**  
St. Thomas Anglican Church  
10:00am to 11:30am

**Welcome Club**  
John Oliver  
11:30am to 12:15pm

**South Asian  
Women's Program**  
Sunset Community Centre  
1:00pm to 3:00pm

**BC Housing Kids Club**  
Champlain Heights  
3:00pm to 5:00pm

**Learning Club**  
John Oliver  
3:00pm to 5:00pm

**Out of School Care**  
Waverley  
Fleming  
3:00pm to 6:00pm

## SATURDAY

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